

# Birth Plan:

Full name:

Doula:

Partner's name:

Other:

*...present before AND/OR during labor*

Today's date:

*During labor, I'd like:*

Due date: OR Induction date:

Music played (I will provide)

The lights dimmed

Doctor's name:

The room as quiet as possible

As few interruptions as possible

Hospital name:

As few vaginal exams as possible

Hospital staff limited to my own

*Please note that I:*

doctor and nurses (no students, residents or interns present)

Have group B strep

To wear my own clothes

Am Rh incompatibility with baby

To wear my contact lens the entire time

Have gestational diabetes

*My delivery is planned as:*

My partner to film AND/OR take pictures

Vaginal

My partner to be present the entire time

C-section

To stay hydrated with clear liquids and ice chips

Water birth

VBAC

*I'd like...:*

Partner:

To eat and drink as approved by my doctor

Parents:

Other children: